

The Ministry of Health informs: Coronavirus

Status as of 11 March 2020, 2 p.m.

The Ministry of Health renews the following important information and asks that it be communicated and distributed further in order to slow down the spread of infection:

- Travel returnees who have stayed in a risk area or a particularly affected area according to the RKI (Robert-Koch Institute) within the last 14 days are not allowed to enter the following facilities for a period of 14 days after their return: day nurseries, day care centres, schools, hospices, hospitals, rehabilitation facilities, nursing homes, vocational schools and universities. The affected areas are updated here: <u>https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Corona-</u> virus/Risikogebiete.html
- 2. Events with more than 1000 participants are to be prohibited.

Beyond these two provisions (mandatory), the following recommendations apply:

- 3. **Travel returnees from risk areas and particularly affected areas should, if possible, stay at home** and, if they show signs of cold symptoms, should call 116117 for advice on whether a diagnostic clarification is advisable. It is pointed out that areas adjacent to the previously defined risk areas, such as Austria, may also be affected. The recommendation applies in particular to employees working in medical institutions or geriatric care facilities.
- 4. Employers are advised to consider and, where possible, make use of the possibilities of working from home for returnees. People with cold symptoms should stay away from the workplace.
- 5. Sick leave slips from the doctor can and should be arranged by telephone without visiting a doctor's office.
- 6. Relatives should avoid visits to clinics and geriatric care facilities, if possible, in order to minimize the risk of infection. This restriction also helps to ensure that the limited resources of protective clothing are used where they are primarily needed, namely in medical care.

- 7. Organizers of events with less than 1000 participants should also check whether these can be moved. Here too, the aim is to reduce contact - but this also means that events which cannot be postponed and which are necessary for the smooth running of government action can continue to take place.
- 8. If **you have signs of cold symptoms, you should call 116117 for** advice on whether a diagnostic clarification is useful.
- 9. These hygiene measures must be observed: This includes thorough hand washing, generally avoiding shaking hands at present, coughing into your sleeve and not into your hand.

The number for the Citizens' telephone of the Federal Ministry of Health is +49-(0)30 / 346 465 100.

Supplementary at the state level, the number for the **citizen telephone** is +49-(**0)431 / 79 70 00 01** (on weekdays from 8:00 - 18:00).

Information for the professional public including:

Specialist information at the Robert-Koch Institute (RKI): <u>www.rki.de/ncov</u> Info for citizens: <u>https://www.infektionsschutz.de/coronavirus-2019-ncov.html</u> and_<u>https://www.schleswig-holstein.de/coronavirus</u>